



Adult Drills Winter 2018

Effective 11/4/2018

MEMBERS RECEIVE 20% DISCOUNT ON ALL DRILLS

MONDAY

7:15 – 8:45 PM:

Advanced Drill and Live ball (4.0+)

A fast-paced practice with real match situations that will help your technical skills + strategy + decision making.

Coach: Bailo Ba

\$40/class or \$125/ 4 Class Package

TUESDAY

9:00 – 10:00 AM:

Beginner Class with Coach: Maryfer Abreu & Bailo Ba

*Free for Members for 6 weeks (from start date)

\$100/ 4 Week Session

7:15 – 8:15 PM:

Advanced Beginner Class (2.0 – 2.5)

The coach will set up singles & doubles games and teach you scoring, positioning and strategy. Designed to get you ready to join member activities.

Coach: Bailo Ba

\$100/4 Week Session

WEDNESDAY

9:00 – 10:30 AM:

Ladies Doubles Clinic (3.5+)

Drills focus on court positioning, ball placement and tactics. Then you will use those skills in a match situation.

Coach: Maryfer and Helga

\$30/class or \$100/4 Class package

7:15 – 8:15 PM:

Technical Skills Drill (3.5 – 4.5)

Work directly with the coach on stroke progressions and error correction.

Coach: Bailo Ba and Cesar

\$30/Class or \$100/ 4 Class Package

THURSDAY

9:00 – 10:30 AM:

Ladies Doubles Clinic (3.5+)

Drills focus on court positioning, ball placement and tactics. Then you will use those skills in a match situation.

Coach: Maryfer Abreu and Helga

\$30/class or \$100/4 Class package

7:15 – 8:15 PM:

Fast Pace Drill (3.5 – 4.5)

A fast pace drill involving a lot of movement with instruction. Combination of out of the basket & live ball feeding drills and games.

Coach: Bailo Ba

\$30/Class or \$100/ 4 Class Package

SATURDAY

8:30 – 9:30 AM: Beginner Class with Bailo Ba

*Free for Members for 6 weeks (from start date)

\$100/ 4 Week Session

9:30 – 10:30 AM: Advanced Beginner Class (2.0/2.5) Coach: Bailo Ba

*Free for Members for 6 weeks (from start date)

\$100/ 4 Week Session

10:30 – 11:30 AM: Social Match Play (2.0 – 2.5)

Coach: Bailo Ba (8 to 1 ratio)

*Free for Members & for enrolled Advanced Beginners

8:30 – 10:00 AM: Advanced Drill & Live ball (3.5-4.0)

Coach: Maryfer Abreu

\$30/ class or \$100/4 Class package

- Drills are 4 to 1 Ratio
- Register in advance via:
 1. Your Member Portal On-Line
 2. Calling the Front Desk
 3. Contacting the appropriate Pro
- Ball Machine Coupons available from Pros

PRIVATE LESSONS AVAILABLE 7 days a week. Contact Pier for a pro recommendation.

pier@giammalva.com

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